Annotated Bibliography


The author discusses the major contemporary issues in music therapy from a scholarly or theoretical perspective and not just as they apply to clinical settings. The author relates these issues to ethnomusicology and sociology. Part one discusses what music therapy is, and gives some historical background. Later chapters define and discuss current theories and conclude with a chapter on how the profession of music therapy theory is developing and where it is going. The book supplies three tables and copious references. The preface states that this is the only book approaching music therapy from a perspective that isn’t strictly clinical. The author has written a book for graduate level students of music therapy and for scholars in related fields with an interest in how music therapy theory relates to other disciplines.

Tuastad, Lars, and Lucy O'Grady. "Music Therapy inside and outside Prison – a Freedom Practice?" *Nordic Journal of Music Therapy*, vol. 22, no. 3, 2013, pp. 210-32. *CINAHL Plus with Full Text*, doi:10.1080/08098131.2012.752760. The authors provide a description of studies conducted separately by each based on their work as music therapists with populations living in prison and those released from prison. The article describes the use of music as a tool to help prisoners have a sense of autonomy in an institution that by design, dehumanizes and strips people of their sense of self-

*In MLA format, your annotation comes right after the citation. However, make sure to follow your instructor’s example/instruction.